



The Energy Leadership Index Assessment is here and available to you!!

A Mirror That Reflects Your World

The Energy Leadership Index (E.L.I.) is a one-of-a-kind assessment that enables you to hold up mirrors to your perceptions, attitudes, behaviors, and overall leadership capabilities. The E.L.I. forms the initial launching point for Energy Leadership Development . The realizations that you'll gain from the Energy Leadership assessment and debrief process will change the way you view your world.

The E.L.I. is an attitudinal assessment, which is based on an energy/action model. This assessment differs from personality assessments as it is not intended to label a person and have them work well within that label. Instead, it measures your level of energy based on your attitude, or perception and perspective of your world. Because attitude is subjective, it can be altered. By working with Professional Certified Coach, Deborah Sakelaris, using the E.L.I., you can alter your attitude and perspective, make a shift in your consciousness, boost your energy, and leadership effectiveness.

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Upcoming Events

Flowers

QUOTE OF THE MONTH

"Happiness is when what you think, what you say, and what you do are in harmony."
-Mahatma Gandhi

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5 TIPS FOR RAISING YOUR ENERGY LEVEL

Tip 1

Focus on what's right

Tip 2

Choose to take action every day

Tip 3

Identify your energy blocks

Tip 4

Enjoy all aspects of life without judgment

Tip 5

Experience life and feel absolute passion

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Leadership

November 4 12:00pm-1:00pm
Energy Leadership Development

As part of the Energy Leadership Index assessment and debrief process, you'll learn about the 7 levels of leadership and how much energy you currently have in the catabolic-suppressing range and in the anabolic-inspirational range. You'll be debriefed on the findings of the assessment, and coached on how to navigate yourself to higher performance. To take the Energy Leadership Index Assessment, contact Deborah Sakelaris.

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Deborah Sakelaris

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