



**Create Your Own Life Plan and
Let Go of Worry and Stress!**

**Free Energy Leadership Assessment
(a \$500 value) when you sign up for our 12
session coaching package!**

What life coaching with Deborah Sakelaris can do for you:

- Assist you to discover simple processes for achieving personal and professional success.
- Help you create your own life plan for moving forward in all areas that matter to you.
- Teach you how to let go of worry and stress.
- Show you how to gain the courage to step out of your comfort zone and into the life you were meant to live!



**For more information on Rodas Coaching
call 312-798-7404 or E-mail**

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