



*business and life coaching*



## **Laser Coaching Sessions**

**3 - 30 minute coaching sessions for \$100.00**

**What you will achieve through coaching:**

- **Set and achieve meaningful goals**
- **Create a successful business or career**
- **Get unstuck from old patterns and limitation**
- **Learn to live a balanced and abundant life**
- **Stay focused and accountable**
- **Learn to manifest a life of joy**

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