



**Greetings!**

Wishing you a Holiday filled with much joy, love and happiness, now and throughout the New Year!

**Top 10 Things to Remember this Holiday Season**

1. Keep the holidays a time of celebration and love
2. Remember the beauty of the season can remind us of the beauty in our own lives
3. Create a peaceful season
4. Show love and patience
5. The greatest gift you can give is yourself
6. Gratitude is the seed of Joy
7. Schedule to avoid overcommitting
8. Remember the reason for the season, it's not all the commercialism we get wrapped up in
9. Solidify and clarify your 2012 goals so you can hit the ground running on January 1
10. Believe. Believe in Santa, yourself, your God, your family, your country and your dreams!



Look for Rodas Coaching's new website coming in 2012!!!

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**Stay connected**  
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