

## Create Your Own Life Plan and Let Go of Worry and Stress!

## **Free Energy Leadership Assessment** (a \$500 value) when you sign up for our 12 session coaching package!

## What life coaching with Deborah Sakelaris can do for you:

- Assist you to discover simple processes for achieving personal and professional success.
- Help you create your own life plan for moving forward in all areas that matter to you.
- Teach you how to let go of worry and stress.
- Show you how to gain the courage to step out of your comfort zone and into the life you were meant to live!



For more information on Rodas coaching call 312-798-7404 or E-mail

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